



Volume 6, Issue 3, July - September, 2022

### **Message from the President.....**

"Charity is like warmth in springtime or summer that causes grass, plants, and trees to grow. Without charity, or spiritual warmth, nothing grows." —Emanuel Swedenborg

Wow, it is hard to believe that we are half way through the year and summer has finally arrived! Kids are out of school and it is time to break out the barbecue or hit the beach and enjoy the sunshine. Maybe take that much anticipated vacation.

Looking back over the first six months of 2022, we have accomplished much for which we should all be proud. Our fundraising efforts the first half of the year grossed \$52,173.76 and we donated \$78,151.98 to various local hospice organizations. We also received our first ever donation of intangible property in the form of stock worth nearly \$100,000, from which we will receive income for years to come.

Our fundraising events are fun, productive and a good way to maintain camaraderie among our members. Equally as important and necessary are the tax deductible charitable donations received from our members, friends and family and organizations and businesses in our community. When considering making a donation, or promoting Friends of Hospice to others, keep in mind:

- We are a 100% volunteer organization (no payroll) with minimal overhead expenses;
- 99% of the funds raised are used for the benefit of hospice and palliative care patients;
- Donors may direct the use of their funds donated; and
- Every donation, no matter the size, makes an impact.

Remember, the effect of donating to a charity isn't just the economic benefit. Donating to a charity, whether volunteering your time or making a monetary contribution, gives you a sense of satisfaction doing something good for a cause you believe in. In other words – you feel good! We could ALL USE SOME OF THAT FEELING!

Pattie Miller, President  
Friends of Hospice Southwest Washington

### *Upcoming Events*

#### **Harvest Festival With Oktoberfest Theme**

**Friday, September 23, 2022  
(See Page 2 for additional  
information)**

**Give More 24!  
September 22, 2022**

#### **Virtual Cooking Classes**

**On hiatus until  
November/December**

#### **Ongoing Fundraisers**

Amazon Smile Rewards  
Divine Consign  
Fred Meyer Rewards  
Christmas Box

**2022 General Membership  
Meetings Conducted via Zoom  
AND In-person**

**NOTE: New Location  
Community Home  
Health & Hospice**

**3102 NE 134th St, Vancouver, WA  
(360) 253-4626**

**JULY 18, 2022**

**AUGUST 15, 2022**

**SEPTEMBER 19 2022**

## Friends of Hospice

**Mission Statement:** "To provide funds for the care of hospice and palliative patients through established hospice organizations in Southwest Washington."

**Vision:** "To bring awareness through education to community members about hospice care, and how it assists families during their dying process. Our fundraising events provide an avenue for members of our community to turn this awareness into passionate giving for hospice care."

**Core Values:** "Compassion, Diversity, Education, Leadership, Respect, Integrity and TEAMWORK"



**SAVE THE DATE!!**  
**FRIENDS OF HOSPICE**  
**HARVEST FESTIVAL WITH OKTOBERFEST THEME**  
**FRIDAY, SEPTEMBER 23, 2022**  
**5:30PM - 8:30PM**  
**LACAMAS LAKE LODGE**  
**Costumes encouraged - prizes for cool costumes**

Music

Games - silent auction - online auction-paddle raise

Beer/Wine

Dessert Dash



We need auction items which encourage everyone in attendance to bid on: gift cards, wine, beer, a free round of golf, a BBQ basket, wheelbarrow of booze, Blazers tickets! Use your imagination and ask businesses to donate. Any questions, please contact LynDee Rhodes.



**FOR THOSE OF YOU THAT FIND IT MORE CONVENIENT TO ATTEND A ZOOM MEETING, THAT WILL NOW BE AVAILABLE. ZOOM DETAILS WILL BE IN THE MONTHLY MEETING EMAIL BLAST.**

**IN-PERSON MEETING LOCATION:  
COMMUNITY HOME HEALTH & HOSPICE  
Address: 3102 NE 134th St.  
Vancouver, WA 98686  
(360) 253-4626**

See you on the third Monday of each month.  
Special thanks to Community Home Health & Hospice for the use of their facility.

Thank You!



Thanks to everyone who supported our Spring Basket Sale and a special thanks to our volunteers on pickup day!





**FRIENDS  
of  
HOSPICE**  
*Southwest Washington*

**2022  
5K FUN  
WALK & RUN**

Another very fun and successful 5K Walk/Run was enjoyed by 78 participants and many dogs on Saturday, June 11, 2022.

Ellen Kane led stretching and warm-up exercises pre-run/walk, then everyone was off in all directions to enjoy the beautiful paths, trails, sidewalks and roads near the Columbia River.

Greg Pang, CEO at Community Home Health & Hospice accepted the "Golden Sneakers" award for most group participants.

A delicious lunch provided by Say Ciao! was enjoyed on the patio and we only counted 13 raindrops!

Special thanks to Waste Management Vancouver for sponsoring, as well as LynDee Rhodes, Dodie Lopez and their volunteers for organizing this very delightful event.

Join us next year for a healthy walk and a fun way to fundraise!





FUN

# Happy Birthday



## July

**July 2 Patricia Generaux**  
**July 4 Beth Anderson**  
**July 4 Mary Russell**  
**July 10 Diana Delich**  
**July 10 Jennifer McGarry**  
**July 10 Terri Shinnors**  
**July 15 Debbie Mann**  
**July 22 Rose Anderson**  
**July 24 Karen Santangelo**

## August

**Aug 12 Carol Smith**  
**Aug 13 Marilyn Dryke**  
**Aug 15 Nancy Kotrlik**  
**Aug 16 Gail Czech**  
**Aug 23 Judy Aadland**  
**Aug 24 Cathy Sandoval**  
**Aug 28 Tina Cygrymus**  
**Aug 29 Justine Heckroth**

## September

**Sept 1 LynDee Rhodes**  
**Sept 6 Sheryl Reeder**  
**Sept 8 Julie Donovan**  
**Sept 10 Patti Gray**  
**Sept 14 Jodie Zelazny**  
**Sept 15 Sylvia Karabay**  
**Sept 16 Gregory Pang**  
**Sept 17 Beverly Bollinger**  
**Sept 22 Alton & Linda Donaldson**  
**Sept 25 Don Heimbigner**  
**Sept 26 Debbie Russell**

## CHRISTMAS BOX

Through the generosity of our members, our Christmas box continues to be filled with love and cash in 2022. All monies collected throughout the year are distributed to the social services departments of the local hospice providers. These funds help support patients and families in need to help make their family memories special during the holidays.



\$200 million donated to charities

Shop at smile.amazon.com or with AmazonSmile ON in the Amazon Shopping app to generate donations.

You can help increase AmazonSmile donations to Friends of Hospice Southwest Washington by shopping at [smile.amazon.com/ch/20-4672767](https://smile.amazon.com/ch/20-4672767) or with AmazonSmile ON in the Amazon shopping app. **DON'T FORGET TO SHOP!!**

## Fred Meyer Community Rewards

THIS IS ALL YOU HAVE TO DO:

Call 866-518-2686 to link in, or go online to [www.fredmeyer.com](http://www.fredmeyer.com)

- Click the "Rewards" tab across the top of the page.
- Select Community Rewards from the drop down menu.
- Select "Link Your Rewards Card" located in the middle of the page.
- Enter your email address and password (you can make one up if needed) for your Fred Meyer Account. On the "Find your Organization" page enter 82315 in the box provided.
- Friends of Hospice SW Washington selection will appear; check the circle and click enroll.



Are you looking to get rid of your lightly used furniture and decor items? Divine Consign is the perfect place to donate them! Divine Consign is a local non-profit, supporting local charities that accepts approved used furniture, decor items, jewelry, etc. on consignment. You can request that Friends of Hospice SW Washington receives 60% of the proceeds from the sale of your donated item(s). For more information about getting your donation approved, send Divine Consign an email at [shop@divineconsignfurniture.org](mailto:shop@divineconsignfurniture.org) or call the store at 360-695-6443. Need assistance with pick-up and delivery of the heavier items? Divine Consign will assist you for a nominal fee or you can call Friends of Hospice SW Washington (360-696-5056), leave a message, and someone will return your call.

*Dorothy Smith was a founding member of FOH. She was married to Dr. Smith who was affiliated with The Hospital when it was Sisters Of Providence SouthWest Washington. As the Founding Story begins, "a few ladies were leaving an auxiliary meeting at the Hospital and met a Doctor in the elevator." I cannot give you the Doctors name but I am sure that he knew Dorothy and Mary Ellen Vaughn, as both were married to local Doctors. The Doctor said that a Hospice funding group was needed and challenged them to organize one. Dorothy was very responsible for FOH. Mary Ellen Vaughn was the 1st President, Dorothy following, and Dottie Martin, etc. Each one took their turn as we do now.*

*Dorothy was a member from 1983 but was involved in 1982 for the early planning. I believe in 2015 all of the founders were given dues free status. She was a member until she died.*

*Thank you, Carole Kelley, for these kind words in memory of Dorothy Smith.*

# IN MEMORIAM

**FRIENDS OF HOSPICE**  
**Board of Directors**

**President**  
Pattie Miller

**Vice President**  
Lyn Dee Rhodes

**Secretary/Treasurer**  
EllenKane

**Directors**  
Beth Anderson  
Joan Cummings  
Gail Czech  
Sherry Kallman  
Linda Melton

**CONTACT US**

**MAIL**  
**P.O. BOX 3116**  
**VANCOUVER, WA 98668**

**PHONE**  
**360-696-5056**  
**Messaging**

**Website**  
**[www.friends-of-hospice.org](http://www.friends-of-hospice.org)**

**Email**  
**[customerservice@friends-of-hospice.org](mailto:customerservice@friends-of-hospice.org)**

**Facebook**  
**Friends of Hospice**  
**Southwest Washington**

**We are a 501(c)3 tax exempt**  
**non-profit organization**  
**registered with the State of**  
**Washington.**



**WHAT ARE FRIENDS FOR...**  
**HELPING EACH OTHER IN A TIME OF NEED!**

That is exactly what we do through our fundraising! We would love to have you join us! **BECOME A MEMBER!**  
For more information:

Go to our website: [www.friends-of-hospice.org](http://www.friends-of-hospice.org) and click on the "Membership" tab.

Call 360-696-5056 and leave a message.

Attend a fundraising event or general meeting and ask for more information.

**ATTENTION MEMBERS:**

**Have you moved?**  
**Changed your phone number or email address?**

If you have any changes, please notify us via our website by clicking the "Contact Us" tab on the main menu.